



INFORMATION SECURITY POLICY

Effective January 2014

PURPOSE

This policy defines the technical controls and security configurations users and Information Technology (IT) administrators are required to implement in order to ensure the integrity and availability of the data environment at Thoma & Sutton., hereinafter, referred to as the Practice. It serves as a central policy document with which all employees and contractors must be familiar, and defines actions and prohibitions that all users must follow. The policy provides IT managers within the Practice with policies and guidelines concerning the acceptable use of Practice technology equipment, e-mail, Internet connections, voice-mail, facsimile, future technology resources and information processing.

The policy requirements and restrictions defined in this document shall apply to network infrastructures, databases, external media, encryption, hardcopy reports, films, slides, models, wireless, telecommunication, conversations, and any other methods used to convey knowledge and ideas across all hardware, software, and data transmission mechanisms. This policy must be adhered to by all Practice employees or temporary workers at all locations and by contractors working with the Practice as subcontractors.

SCOPE

This policy document defines common security requirements for all Practice personnel and systems that create, maintain, store, access, process or transmit information. This policy also applies to information resources owned by others, such as contractors of the Practice, entities in the private sector, in cases where Practice has a legal, contractual or fiduciary duty to protect said resources while in Practice custody. In the event of a conflict, the more restrictive measures apply. This policy covers the Practice network system which is comprised of various hardware, software, communication equipment and other devices designed to assist the Practice in the creation, receipt, storage, processing, and transmission of information. This definition includes equipment connected to any Practice domain or VLAN, either hardwired or wirelessly, and includes all stand-alone equipment that is deployed by the Practice at its office locations or at remote locales.



PRIVACY OFFICER

The Practice has established a Privacy Officer as required by HIPAA. This Privacy Officer will oversee all ongoing activities related to the development, implementation, and maintenance of the Practice privacy policies in accordance with applicable federal and state laws. The current Privacy Officer for the Practice is:

Kris Caldwell – 636-227-2600 x 3010

CONFIDENTIALITY / SECURITY TEAM (CST)

The Practice has established a Confidentiality / Security Team made up of key personnel whose responsibility it is to identify areas of concern within the Practice and act as the first line of defense in enhancing the appropriate security posture.

All members identified within this policy are assigned to their positions by the CEO. The term of each member assigned is at the discretion of the CEO, but generally it is expected that the term will be one year. Members for each year will be assigned at the first meeting of the Quality Council in a new calendar year. This committee will consist of the positions within the Practice most responsible for the overall security policy planning of the organization- the CEO, PO, CMO, ISO, and the CIO (where applicable). The current members of the CST are:

Shannon Olsson – 636-227-2600 x 2040

Frank Szofran – 636-227-2600 x 2004

The CST will meet quarterly to discuss security issues and to review concerns that arose during the quarter. The CST will identify areas that should be addressed during annual training and review/update security policies as necessary.



The CST will address security issues as they arise and recommend and approve immediate security actions to be undertaken. It is the responsibility of the CST to identify areas of concern within the Practice and act as the first line of defense in enhancing the security posture of the Practice.

The CST is responsible for maintaining a log of security concerns or confidentiality issues. This log must be maintained on a routine basis, and must include the dates of an event, the actions taken to address the event, and recommendations for personnel actions, if appropriate. This log will be reviewed during the quarterly meetings.

The Privacy Officer (PO) or other assigned personnel is responsible for maintaining a log of security enhancements and features that have been implemented to further protect all sensitive information and assets held by the Practice. This log will also be reviewed during the quarterly meetings.

Employee Responsibilities

Challenge Unrecognized Personnel - It is the responsibility of all Practice personnel to take positive action to provide physical security. If you see an unrecognized person in a restricted Practice office location, you should challenge them as to their right to be there. All visitors to Practice offices must sign in at the front desk. In addition, all visitors, excluding patients, must wear a visitor/contractor badge. All other personnel must be employees of the Practice. Any challenged person who does not respond appropriately should be immediately reported to supervisory staff.

Unattended Computers - Unattended computers should be locked by the user when leaving the work area. This feature is discussed with all employees during yearly security training. Practice policy states that all computers will have the automatic screen lock function set to automatically activate upon fifteen (15) minutes of inactivity. Employees are not allowed to take any action which would override this setting.

Home Use of Practice Corporate Assets - Only computer hardware and software owned by and installed by the Practice is permitted to be connected to or installed on Practice equipment. Only software that has been approved for corporate use by the Practice may be installed on Practice equipment. Personal computers supplied by the Practice are to be used solely for business purposes. All employees and contractors must read and understand the list of prohibited activities that are outlined below. Modifications or configuration changes are not permitted on computers supplied by the Practice for home use.



Retention of Ownership - All software programs and documentation generated or provided by employees, consultants, or contractors for the benefit of the Practice are the property of the Practice unless covered by a contractual agreement. Nothing contained herein applies to software purchased by Practice employees at their own expense.

1.1 PROHIBITED ACTIVITIES

Personnel are prohibited from the following activities. The list is not inclusive. Other prohibited activities are referenced elsewhere in this document.

- Crashing an information system. Deliberately crashing an information system is strictly prohibited. Users may not realize that they caused a system crash, but if it is shown that the crash occurred as a result of user action, a repetition of the action by that user may be viewed as a deliberate act.
- Attempting to break into an information resource or to bypass a security feature. This includes running password-cracking programs or sniffer programs, and attempting to circumvent file or other resource permissions.
- Introducing, or attempting to introduce, computer viruses, Trojan horses, peer-to-peer ("P2P") or other malicious code into an information system.
- Exception: Authorized information system support personnel, or others authorized by the Practice Privacy Officer, may test the resiliency of a system. Such personnel may test for susceptibility to hardware or software failure, security against hacker attacks, and system infection.
- Browsing. The willful, unauthorized access or inspection of confidential or sensitive information to which you have not been approved on a "need to know" basis is prohibited. The Practice has access to patient level health information which is protected by HIPAA regulations which stipulate a "need to know" before approval is granted to view the information. The purposeful attempt to look at or access information to which you have not been granted access by the appropriate approval procedure is strictly prohibited.
- Personal or Unauthorized Software. Use of personal software is prohibited. All software installed on Practice computers must be approved by the Practice.
- Software Use. Violating or attempting to violate the terms of use or license agreement of any software product used by the Practice is strictly prohibited.
- System Use. Engaging in any activity for any purpose that is illegal or contrary to the policies, procedures or business interests of the Practice is strictly prohibited.

ELECTRONIC COMMUNICATION, E-MAIL, INTERNET USAGE

As a productivity enhancement tool, The Practice encourages the business use of electronic communications. However, all electronic communication systems and all messages generated on or handled by Practice owned equipment are considered the property of the Practice – not the property of individual users. Consequently, this policy applies to all Practice employees and contractors, and covers all electronic communications including, but not limited to, telephones, e-mail, voice mail, instant messaging, Internet, fax, personal computers, and servers.



Practice provided resources, such as individual computer workstations or laptops, computer systems, networks, e-mail, and Internet software and services are intended for business purposes. However, incidental personal use is permissible as long as:

- 1) it does not consume more than a trivial amount of employee time or resources,
- 2) it does not interfere with staff productivity,
- 3) it does not preempt any business activity,
- 4) it does not violate any of the following:
 - a) Copyright violations – This includes the act of pirating software, music, books and/or videos or the use of pirated software, music, books and/or videos and the illegal duplication and/or distribution of information and other intellectual property that is under copyright.
 - b) Illegal activities – Use of Practice information resources for or in support of illegal purposes as defined by federal, state or local law is strictly prohibited.
 - c) Commercial use – Use of Practice information resources for personal or commercial profit is strictly prohibited.
 - d) Political Activities – All political activities are strictly prohibited on Practice premises. The Practice encourages all of its employees to vote and to participate in the election process, but these activities must not be performed using Practice assets or resources.
 - e) Harassment – The Practice strives to maintain a workplace free of harassment and that is sensitive to the diversity of its employees. Therefore, the Practice prohibits the use of computers, e-mail, voice mail, instant messaging, texting and the Internet in ways that are disruptive, offensive to others, or harmful to morale. For example, the display or transmission of sexually explicit images, messages, and cartoons is strictly prohibited. Other examples of misuse includes, but is not limited to, ethnic slurs, racial comments, off-color jokes, or anything that may be construed as harassing, discriminatory, derogatory, defamatory, threatening or showing disrespect for others.
 - f) Junk E-mail - All communications using IT resources shall be purposeful and appropriate. Distributing “junk” mail, such as chain letters, advertisements, or unauthorized solicitations is prohibited. A chain letter is defined as a letter sent to several persons with a request that each send copies of the letter to an equal number of persons. Advertisements offer services from someone else to you. Solicitations are when someone asks you for something. If you receive any of the above, delete the e-mail message immediately. Do not forward the e-mail message to anyone.

The Practice reserves the right, at its discretion, to review any employee’s files or electronic communications to the extent necessary to ensure all electronic media and services are used in compliance with all applicable laws and regulations as well as Practice policies.



Employees should structure all electronic communication with recognition of the fact that the content could be monitored, and that any electronic communication could be forwarded, intercepted, printed or stored by others.

INTERNET ACCESS

Internet access is provided for Practice users and is considered a great resource for the organization. This resource is costly to operate and maintain, and must be allocated primarily to those with business, administrative or contract needs. The Internet access provided by the Practice should not be used for entertainment, listening to music, viewing the sports highlight of the day, games, movies, etc. Do not use the Internet as a radio or to constantly monitor the weather or stock market results. While seemingly trivial to a single user, the company wide use of these non-business sites consumes a huge amount of Internet bandwidth, which is therefore not available to responsible users.

Users must understand that individual Internet usage is monitored, and if an employee is found to be spending an excessive amount of time or consuming large amounts of bandwidth for personal use, disciplinary action will be taken.

Many Internet sites, such as games, peer-to-peer file sharing applications, chat rooms, and on-line music sharing applications, have already been blocked by the Practice routers and firewalls. This list is constantly monitored and updated as necessary. Any employee visiting pornographic sites will be disciplined and may be terminated.

REPORTING SOFTWARE MALFUNCTIONS

Users should inform the appropriate Practice personnel when the user's software does not appear to be functioning correctly. The malfunction - whether accidental or deliberate - may pose an information security risk. If the user, or the user's manager or supervisor, suspects a computer virus infection, the Practice computer virus policy should be followed, and these steps should be taken immediately:

- Stop using the computer
- Do not carry out any commands, including commands to <Save> data.
- Do not close any of the computer's windows or programs.
- Do not turn off the computer or peripheral devices.
- If possible, physically disconnect the computer from networks to which it is attached.
- Inform the appropriate personnel or Practice ISO as soon as possible. Write down any unusual behavior of the computer (screen messages, unexpected disk access, unusual responses to commands) and the time when they were first noticed.
- Write down any changes in hardware, software, or software use that preceded the malfunction.



- Do not attempt to remove a suspected virus!

REPORT SECURITY INCIDENTS

It is the responsibility of each Practice employee or contractor to report perceived security incidents on a continuous basis to the appropriate supervisor or security person. A User is any person authorized to access an information resource. Users are responsible for the day-to-day, hands-on security of that resource. Users are to formally report all security incidents or violations of the security policy immediately to the Privacy Officer. Users should report any perceived security incident to either their immediate supervisor, or to their department head, or to any member of the Practice CST. Members of the CST are specified above in this document.

Reports of security incidents shall be escalated as quickly as possible. Each member of the Practice CST must inform the other members as rapidly as possible. Each incident will be analyzed to determine if changes in the existing security structure are necessary. All reported incidents are logged and the remedial action indicated. It is the responsibility of the CST to provide training on any procedural changes that may be required as a result of the investigation of an incident.

Security breaches shall be promptly investigated. If criminal action is suspected, the Practice Privacy Officer shall contact the appropriate law enforcement and investigative authorities immediately, which may include but is not limited to the police or the FBI.

TRANSFER OF SENSITIVE/CONFIDENTIAL INFORMATION

When confidential or sensitive information from one individual is received by another individual while conducting official business, the receiving individual shall maintain the confidentiality or sensitivity of the information in accordance with the conditions imposed by the providing individual. All employees must recognize the sensitive nature of data maintained by the Practice and hold all data in the strictest confidence. Any purposeful release of data to which an employee may have access is a violation of Practice policy and will result in personnel action, and may result in legal action.

TRANSFERRING SOFTWARE AND FILES BETWEEN HOME AND WORK

Personal software shall not be used on Practice computers or networks. If a need for specific software exists, submit a request to your supervisor or department head. Users shall not use Practice purchased software on home or on non-Practice computers or equipment.



Practice proprietary data, including but not limited to patient information, IT Systems information, financial information or human resource data, shall not be placed on any computer that is not the property of the Practice without written consent of the respective supervisor or department head. It is crucial to the Practice to protect all data and, in order to do that effectively we must control the systems in which it is contained. In the event that a supervisor or department head receives a request to transfer Practice data to a non-Practice Computer System, the supervisor or department head should notify the Privacy Officer or appropriate personnel of the intentions and the need for such a transfer of data.

The Practice Wide Area Network ("WAN") is maintained with a wide range of security protections in place, which include features such as virus protection, e-mail file type restrictions, firewalls, anti-hacking hardware and software, etc. Since the Practice does not control non-Practice personal computers, the Practice cannot be sure of the methods that may or may not be in place to protect Practice sensitive information, hence the need for this restriction.

INTERNET CONSIDERATIONS

Special precautions are required to block Internet (public) access to Practice information resources not intended for public access, and to protect confidential Practice information when it is to be transmitted over the Internet.

The following security and administration issues shall govern Internet usage.

Prior approval of the Practice Privacy Officer or appropriate personnel authorized by the Practice shall be obtained before:

- An Internet, or other external network connection, is established;
- Practice information (including notices, memoranda, documentation and software) is made available on any Internet-accessible computer (e.g. web or ftp server) or device;
- Users may not install or download any software (applications, screen savers, etc.). If users have a need for additional software, the user is to contact their supervisor;
- Use shall be consistent with the goals of the Practice. The network can be used to market services related to the Practice, however use of the network for personal profit or gain is prohibited.
- Confidential or sensitive data - including credit card numbers, telephone calling card numbers, logon passwords, and other parameters that can be used to access goods or services - shall be encrypted before being transmitted through the Internet.
- The encryption software used, and the specific encryption keys (e.g. passwords, pass phrases), shall be escrowed with the Practice Privacy Officer or appropriate personnel, to ensure they are safely maintained/stored. The use of encryption software and keys, which have not been escrowed as prescribed above, is prohibited, and may make the user subject to disciplinary action.



INSTALLATION OF AUTHENTICATION AND ENCRYPTION CERTIFICATES ON THE E-MAIL SYSTEM

Any user desiring to transfer secure e-mail with a specific identified external user may request to exchange public keys with the external user. Once verified, the certificate is installed on both recipients' workstations, and the two may safely exchange secure e-mail.

USE OF WINZIP ENCRYPTED AND ZIPPED E-MAIL

This software allows Practice personnel to exchange e-mail with remote users who have the appropriate encryption software on their system. The two users exchange private keys that will be used to both encrypt and decrypt each transmission. Any Practice staff member who desires to utilize this technology may request this software from the Privacy Officer or appropriate personnel.

DE-IDENTIFICATION / RE-IDENTIFICATION OF PERSONAL HEALTH INFORMATION (PHI)

As directed by HIPAA, all personal identifying information is removed from all data that falls within the definition of PHI before it is stored or exchanged.

De-identification is defined as the removal of any information that may be used to identify an individual or of relatives, employers, or household members.

PHI includes:

- Names
- Addresses
- Geographic subdivisions smaller than a state
- All elements of dates directly related to the individual (Dates of birth, marriage, death, etc.)
- Telephone numbers
- Facsimile numbers
- Driver's license numbers
- Electronic mail addresses
- Social security numbers
- Medical record numbers
- Health plan beneficiary numbers
- Account numbers, certificate/license numbers
- Vehicle identifiers and serial numbers



- Device identifiers and serial numbers
- Web Universal Resource Locators (URLs)
- Internet Protocol (IP) address numbers
- Biometric identifiers
- Full face photographic images and any comparable images

Re-identification of confidential information: A cross-reference code or other means of record identification is used to re-identify data as long as the code is not derived from or related to information about the individual and cannot be translated to identify the individual. In addition, the code is not disclosed for any other purpose nor is the mechanism for re-identification disclosed.



2 Identification and Authentication

2.1 USER LOGON IDS

Individual users shall have unique logon IDs and passwords. An access control system shall identify each user and prevent unauthorized users from entering or using information resources. Security requirements for user identification include:

- Each user shall be assigned a unique identifier.
- Users shall be responsible for the use and misuse of their individual logon ID.

All user login IDs are audited at least twice yearly¹³ and all inactive logon IDs are revoked. The Practice Human Resources Department notifies the Security Officer or appropriate personnel upon the departure of all employees and contractors, at which time login IDs are revoked.

The logon ID is locked or revoked after a maximum of three (3)¹⁴ unsuccessful logon attempts which then require the passwords to be reset by the appropriate Administrator.

Users who desire to obtain access to Practice systems or networks must have a completed and signed Network Access Form (Appendix C). This form must be signed by the supervisor or department head of each user requesting access.

User Account Passwords

User IDs and passwords are required in order to gain access to all Practice networks and workstations. All passwords are restricted by a corporate-wide password policy to be of a "Strong" nature. This means that all passwords must conform to restrictions and limitations that are designed to make the password difficult to guess. Users are required to select a password in order to obtain access to any electronic information both at the server level and at the workstation level. When passwords are reset, the user will be automatically prompted to manually change that assigned password.

2.2 CONFIDENTIALITY AGREEMENT

Users of Practice information resources shall sign, as a condition for employment, an appropriate confidentiality agreement (Appendix D). The agreement shall include the following statement, or a paraphrase of it:



I understand that any unauthorized use or disclosure of information residing on the Practice information resource systems may result in disciplinary action consistent with the policies and procedures of federal, state, and local agencies.

Temporary workers and third-party employees not already covered by a confidentiality agreement shall sign such a document prior to accessing Practice information resources.

Confidentiality agreements shall be reviewed when there are changes to contracts or other terms of employment, particularly when contracts are ending or employees are leaving an organization.

2.3 ACCESS CONTROL

Information resources are protected by the use of access control systems. Access control systems include both internal (i.e. passwords, encryption, access control lists, constrained user interfaces, etc.) and external (i.e. port protection devices, firewalls, host-based authentication, etc.).

Rules for access to resources (including internal and external telecommunications and networks) have been established by the information/application owner or manager responsible for the resources. Access is granted only by the completion of a Network Access Request Form (Appendix C). This form can only be initiated by the appropriate department head, and must be signed by the department head and the Security Officer or appropriate personnel.

This guideline satisfies the "need to know" requirement of the HIPAA regulation, since the supervisor or department head is the person who most closely recognizes an employee's need to access data. Users may be added to the information system, network, or EHR **only** upon the signature of the Security Officer or appropriate personnel who is responsible for adding the employee to the network in a manner and fashion that ensures the employee is granted access to data only as specifically requested.

Identification and Authentication Requirements



The host security management program shall maintain current user application activity authorizations. Each initial request for a connection or a session is subject to the authorization process previously addressed.

2.4 USER LOGIN ENTITLEMENT REVIEWS

If an employee changes positions at the Practice, employee's new supervisor or department head shall promptly notify the Information Technology ("IT") Department of the change of roles by indicating on the Network Access Request Form (Appendix C) both the roles or access that need to be added and the roles or access that need to be removed so that employee has access to the minimum necessary data to effectively perform their new job functions. The effective date of the position change should also be noted on the Form so that the IT Department can ensure that the employee will have appropriate roles, access, and applications for their new job responsibilities. For a limited training period, it may be necessary for the employee who is changing positions to maintain their previous access as well as adding the roles and access necessary for their new job responsibilities.

No less than **annually**, the IT Manager shall facilitate entitlement reviews with department heads to ensure that all employees have the appropriate roles, access, and software necessary to perform their job functions effectively while being limited to the minimum necessary data to facilitate HIPAA compliance and protect patient data.

2.5 TERMINATION OF USER LOGON ACCOUNT

Upon termination of an employee, whether voluntary or involuntary, employee's supervisor or department head shall promptly notify the IT Department by indicating "Remove Access" on the employee's Network Access Request Form (Appendix C) and submitting the Form to the IT Department. If employee's termination is voluntary and employee provides notice, employee's supervisor or department head shall promptly notify the IT Department of employee's last scheduled work day so that their user account(s) can be configured to expire. The employee's department head shall be responsible for insuring that all keys, ID badges, and other access devices as well as Practice equipment and property is returned to the Practice prior to the employee leaving the Practice on their final day of employment.

No less than **quarterly**, the IT Manager or their designee shall provide a list of active user accounts for both network and application access, including access to the **clinical electronic health record ("EHR") and the practice management system ("PMS")**, to department heads for review. Department heads shall review the employee access lists **within five (5) business days** of receipt. If any of the employees on the list are no longer employed by the Practice, the department head will immediately notify the IT Department of the employee's termination status and submit the updated Network Access Request Form (Appendix C).



2.6 EMPHASIS ON SECURITY IN THIRD PARTY CONTRACTS

Access to Practice computer systems or corporate networks should not be granted until a review of the following concerns have been made, and appropriate restrictions or covenants included in a statement of work ("SOW") with the party requesting access.

- Applicable sections of the Practice Information Security Policy have been reviewed and considered.
- Policies and standards established in the Practice information security program have been enforced.
- A risk assessment of the additional liabilities that will attach to each of the parties to the agreement.
- The right to audit contractual responsibilities should be included in the agreement or SOW.
- Arrangements for reporting and investigating security incidents must be included in the agreement in order to meet the covenants of the HIPAA Business Associate Agreement.
- A description of each service to be made available.
- Each service, access, account, and/or permission made available should only be the minimum necessary for the third party to perform their contractual obligations.
- A detailed list of users that have access to Practice computer systems must be maintained and auditable.
- If required under the contract, permission should be sought to screen authorized users.
- Dates and times when the service is to be available should be agreed upon in advance.
- Procedures regarding protection of information resources should be agreed upon in advance and a method of audit and enforcement implemented and approved by both parties.
- The right to monitor and revoke user activity should be included in each agreement.
- Language on restrictions on copying and disclosing information should be included in all agreements.
- Responsibilities regarding hardware and software installation and maintenance should be understood and agreed upon in advance.
- Measures to ensure the return or destruction of programs and information at the end of the contract should be written into the agreement.
- If physical protection measures are necessary because of contract stipulations, these should be included in the agreement.
- A formal method to grant and authorized users who will access to the data collected under the agreement should be formally established before any users are granted access.
- Mechanisms should be in place to ensure that security measures are being followed by all parties to the agreement.
- Because annual confidentiality training is required under the HIPAA regulation, a formal procedure should be established to ensure that the training takes place, that there is a method to determine who must take the training, who will administer the training, and the process to determine the content of the training established.
- A detailed list of the security measures which will be undertaken by all parties to the agreement should be published in advance of the agreement.

2.7 FIREWALLS



Authority from the Privacy Officer or appropriate personnel must be received before any employee or contractor is granted access to a Practice router or firewall.